

Tropical Freshwater Fish

How to care for guppies & mollies

Guppies and mollies are some of the most iconic aquarium fish. They are both from the family *Poeciliidae* and originally occur in Central and South America, although the majority of those in the aquarium trade are now captive bred. They are generally small, very colourful and peaceful fish. Most guppies and mollies are undemanding aquarium inhabitants and are easy to keep.



Water requirements

Guppies and mollies are usually undemanding of water chemistry and their suggested parameters are shown below.

| | |
|---------------------|---|
| Temperature: | between 20-28°C |
| pH: | 7.0-8.0 |
| Ammonia: | Zero mg per litre |
| Nitrite: | Zero mg per litre |
| Nitrate: | Not to exceed 20 mg per litre above normal tap water levels |
| General hardness: | Medium-hard (8-18°dH) |
| Carbonate hardness: | Medium-hard (5-15°dkH) |

Biology

Despite the array of colours available, guppies are only ever one of two species. Traditional guppies (*Poecilia reticulata*) are larger at about 5cm, whilst Endler guppies (*Poecilia wingei*) are the smaller species which grow to around 2.5cm.

There are several species of molly but there are two commonly traded types. Mollies stay below 10cm and are available in multiple colours and body shapes. Sailfin mollies can get to approximately 15cm and can be found in a variety of colours.

Although small, these fish can live several years in a well matured set up with good water quality.

Guppies and mollies do require some companionship and it is suggested that at least three are kept together (two females to each male) to reduce stress on females or other tank inhabitants. More can be kept together providing they are added in this ratio.



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Both fish are “live bearers” and give birth to live young. Guppies and mollies are very easy to sex as the male has a specialised anal fin called a gonopodium, whilst the female has a triangular anal fin. In guppies, the male is smaller and more colourful. In addition to these traits, only male sailfin mollies have the larger dorsal fin.

Aquarium requirements

As a general rule you should, within reason, buy an aquarium as large as possible. Ideally, it should be able to accommodate at least a small group of guppies or mollies. It is recommended that an aquarium of at least 45 litres for a small group of the smaller species and at least an 80 litre aquarium for sailfin mollies. However, the more groups you have, the larger the volume required. The larger the aquarium, the more stable the environmental conditions such as temperature and water quality will be. Whatever the size, **a filter is always essential**.

The tank should also have aquarium gravel or sand and ideally live plants present to provide cover. If live plants are not used, then the addition of plastic plants and suitable ornaments is recommended, such as plant pots or model caves, which supplies the fish with shelter. To avoid injuries to long fins, ornaments or artificial plants with sharp or very rough edges should not be selected. It is also important to provide guppies and mollies with space to swim, and a gentle current for guppies which are small and have long fins.

A heater is required to maintain a suitable temperature all year round. To minimise fluctuations in water temperature, the aquarium should not be situated near any draughts or heat sources. It should also be out of direct sunlight and away from loud noises, vibrations and sudden movements. Overhead tank lighting is recommended to maintain correct day-night cycle.

Water testing kits are essential so that water quality can be checked on a regular basis (once a week) to ensure it does not slip below the water requirements stated above.

Introducing your fish

Before adding any fish, seek advice from your OATA retailer to make sure that your aquarium is an appropriate size for the number of guppies or mollies you would like to keep. Check that the water quality in your aquarium is suitable i.e. levels of ammonia and nitrite are zero. Only increase the number of fish you have in your aquarium slowly as the population of beneficial bacteria established when maturing your aquarium filter need to increase every time more fish are added and feeding increases. Overstocking or stocking your aquarium too quickly can result in ‘new tank syndrome’. This occurs when there are not enough nitrifying bacteria to cope with the increased waste from the fish, leading to unhealthy levels of ammonia and nitrite, which may cause fish to become ill or die.

Healthy fish have clear bright eyes, undamaged fins, intact scales, no ulcerations or bumps, appropriate swimming behaviour and steady breathing. Do not purchase a



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seemingly healthy fish if sickly fish are present in the tank with it. Signs of disease can include clamped fins, flicking against gravel or décor and shimmying (shaking). Diseases can be easily carried by fish that do not show any clinical signs. If in doubt, ask your OATA retailer for advice as they will have in-depth knowledge and experience.

Your OATA retailer will usually sell your fish to you in a plastic bag. Try not to keep them in this for too long. Once purchased, take your new fish home as quickly as possible because fish are easily stressed by bright lights, extreme temperatures, noise and movement.

Once home, your fish will need to acclimatise to their new environment and a common method of doing this is known as the 'floating bag' method. Switch off the aquarium lights and take the bag containing your new fish out of its outer wrappings carefully, avoiding exposure to bright light. Float the bag in the water of your tank to ensure the temperature in the bag is the same as the aquarium water. After 10 minutes, slowly introduce small amounts of aquarium water into the bag containing the fish for up to 20 minutes. Once complete, carefully release the fish into the aquarium whilst introducing as little bag water into the aquarium as possible. After this, dispose of the bag and any excess water appropriately. Monitor your new fish carefully for the first week, paying particular attention to water quality. If in doubt, contact your OATA retailer for advice.

Maintenance

At least once every week, a partial water change of 25% is strongly recommended (a siphon device is useful to remove solid waste from the gravel). The water should be tested regularly (at least once per week) to ensure that ammonia and nitrites don't build up. Ensure that the replacement water is treated with tap water conditioner to remove any harmful chlorine or chloramine present before adding to the aquarium.

Filters should be checked for blockages. If the filter needs cleaning, do not run it under the tap because any chlorine or chloramine present may kill the beneficial bacterial population that has established in the media. Instead, it should be rinsed lightly in the tank water which is removed during a partial water change as this reduces the amount of bacteria which are lost.

Good husbandry is essential as guppies and mollies can be stressed by even the smallest amounts of ammonia and nitrite which may then cause them to develop various diseases. Test the water to monitor the ammonia, nitrite and nitrate levels, together with pH and water hardness every week, especially during initial set-up and after adding extra fish.

What to watch out for

All fish will have slight variations in their behaviour or appearance, but keeping an eye on any changes in the following will help to identify any potential problems before they become a real health issue:



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- swimming behaviour – hanging at the surface, sitting on the bottom or erratic swimming
- colour – turning a darker or paler colour than normal
- temperament – changes in level of aggression or hiding more than normal
- breathing – gill covers moving at a slower or faster rate than normal
- appearance – development of white spots or fluffy growths, loss of fins or scales
- condition – increase or decrease in body weight and condition
- feeding – reduced intake or lack of interest in food

If you are concerned about the health of any of your livestock, then test your water quality and contact your OATA retailer for further guidance.

Feeding

Both guppies are mollies omnivorous and will take most food types. In the home aquarium, they should be fed with a good quality flake or granule with a high algae content. They will also benefit from being fed small items of live or frozen food such as daphnia, small bloodworm or tubifex. Endler guppies might need smaller frozen food such as cyclops.

Guppies and mollies should only be fed what they can eat within a few minutes once a day. Take care not to overfeed as this can lead to a build-up of uneaten food which breaks down releasing toxic waste into the water. If in doubt, ask your OATA retailer for advice on appropriate feeding levels.

Compatibility

Endler guppies should not be kept with any species large enough to eat them. Guppies should not be kept with any species which might nip their fins (such as barbs). Mollies are generally peaceful and compatible with many other fish species, but sailfin mollies should not be kept with timid fish species.

Breeding

Breeding guppies and mollies is almost a certainty; however, it might not be particularly successful in a community aquarium unless there is a lot of plant growth. Females may produce between 20-80 fry following a pregnancy (which may last 24-30 days). If you want to avoid the fry being eaten by tankmates, it is advisable to keep the female in a suitably large breeding net. She should be separated from the newly arrived young to avoid her eating them. The fry should be reared separately using specialist foods until they are large enough to feed freely and not be easily eaten themselves.



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Checklist

Before purchase make sure:

1. You have the appropriate equipment and position for the aquarium.
2. You have researched all the species in which you are interested and your final choices are all compatible.
3. You are familiar with how to transport and release your fish.
4. You are aware of the daily, weekly and monthly maintenance your aquarium will require.
5. You are prepared to look after your fish properly for the duration of their life.

Shopping List

- ▶ Glass or acrylic aquarium
- ▶ Filter*
- ▶ Heater
- ▶ Lighting (required for live plants)*
- ▶ Gravel or sand
- ▶ Tap water conditioner/dechlorinator
- ▶ Water testing kits (ideally ammonia, nitrite, nitrate, pH and water hardness)
- ▶ Gravel cleaner/siphon cleaning device (recommended)
- ▶ Aquarium decorations and/or live plants
- ▶ Bucket for water changes

*may be included in branded aquarium sets but can be purchased separately.

Before purchase make sure:

- ▶ The aquarium is of a suitable size that ideally can accommodate the fish once they are fully grown
- ▶ Water parameters are as advised in this leaflet.
- ▶ Aquarium is cycled and ready to receive fish.

Always buy...

test kits and regularly check the water for ammonia, nitrite, nitrate and pH. This will allow you to make sure the water in your aquarium is not causing welfare problems for your guppies or mollies.

Maintain...

the water in the aquarium within the accepted parameters highlighted above. You

Establish a routine...

for testing the water in your aquarium. Record your results to enable you to identify fluctuations quickly. Also check the temperature of the water.

Always wash your hands...

making sure to rinse off all soap residues, before putting them into your aquarium, or use long sleeved rubber gloves. Wash your



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may need to do regular water changes to achieve this.

hands again afterwards and certainly before eating, drinking or smoking.

Never siphon by mouth...

A fish tank can harbour bacteria which can be harmful if swallowed. Buy a specially designed aquarium gravel cleaner which can be started or primed without the need to place the siphon in your mouth

Five Welfare Needs Checklist:

The Animal Welfare Act 2006 states that all pet owners have a legal duty of care to their pets. Anyone who is cruel to an animal or is found not to be providing the five animal welfare needs, as listed below, can be prosecuted.

- ▶ A **suitable environment** e.g. appropriately sized tank (with water heater if tropical set up) within a suitable location in your home.
- ▶ A **suitable diet** which meets the needs of your chosen fish.
- ▶ **Behaviour** - Fish are able to exhibit their normal behaviour e.g. hiding places for timid fish, enough room for fish to swim freely.
- ▶ **Companionship** - Ensure you know whether your chosen fish need to be kept with, or apart from, other fish.
- ▶ **Health** - Protected from pain, injury, suffering & disease e.g. you are aware of the daily, weekly and monthly maintenance that your aquarium will need.

- ▶ **Water quality test kits are a necessity not an optional extra**
- ▶ **You must be prepared to look after your fish properly for the duration of their life and provide an aquarium which can accommodate your fish when fully grown**



*Never release your aquarium animals or plants into the wild

It is illegal and for most fish species this will lead to an untimely and possibly lingering death. Any animals or plants that do survive might be harmful to our native countryside. Take care to properly dispose of any soiled substrate (e.g. sand or gravel) or decorations so that non-native organisms do not enter natural watercourses.

Visit ornamentalfish.org to find a full range of how to guides and species-specific care sheets to help you look after your fish successfully.



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